



DRIP AND GO FREE IV THERAPY GUIDE

What to Expect Before, During & After Your Session

Welcome,

Thank you for choosing Drip and Go Mobile IV Hydration. Our goal is to provide convenient, professional, and wellness-focused IV hydration services in the comfort of your home, office, hotel, gym, or event location.

THIS GUIDE WILL HELP YOU UNDERSTAND:

- How the booking process works
- What to expect before your appointment
- What happens during your provider consultation
- What to expect during your IV session
- Aftercare recommendations
- Discharge instructions
- Frequently asked questions

Amino Blend

PREPARING FOR YOUR APPOINTMENT



Step 1: Book Your Appointment

Choose your preferred date, time, and treatment during booking.
Complete Your Intake Forms
Please complete all required forms and medical history paperwork prior to your appointment.



Step 2: Provider Consultation & Medical Review

Before treatment, you will complete a consultation with one of our licensed healthcare providers. The consultation includes a Good Faith Exam to review your medical history, symptoms, medications, allergies, and determine whether treatment is appropriate.

Good Faith Exam Information: The Good Faith Exam is required once every 12 months unless there are significant changes to your medical history.



Step 3: Your Mobile Appointment

A Registered Nurse will travel to your location to administer your IV therapy or injection services. During your visit, your nurse will:

- Review your treatment plan
- Obtain vital signs
- Start your IV or administer injections
- Monitor you throughout your session

WHAT TO EXPECT DURING YOUR SESSION



Arrival & Assessment:

A licensed healthcare professional will review your intake forms, answer questions, & verify your treatment plan.



IV Placement:

A small IV catheter will be placed into your vein, typically in the arm or hand.



Relax & Recharge:

Most sessions last approximately 30-60 minutes depending on the treatment selected.



After Your Session:

Many clients report feeling refreshed and hydrated shortly after treatment.

AFTERCARE TIPS



Eat Balanced Meals: Proper nutrition helps support overall wellness.



Avoid Excess Alcohol: Limit alcohol intake after hydration therapy.



Listen to Your Body: Mild soreness or bruising at the IV site can occasionally occur and usually resolves quickly.

DISCHARGE INSTRUCTIONS

How You Might Feel (Common & Mild)

- More frequent urination
- Bright yellow urine from B-complex vitamins
- Mild arm soreness or small bruise at the IV site
- Temporary metallic or vitamin taste
- Brief warm or cool sensation

When to Contact Drip and Go

Please contact us if you experience:

- Increasing redness, warmth, or pain at the IV site
- Swelling that does not improve
- Fever or chills
- Persistent nausea, vomiting, or headache
- Any questions or concerns after treatment

IV Site Care (First 24 Hours)

- Keep the small bandage on for at least 1 hour, then remove.
- Keep the IV site clean and dry today.
- Avoid baths, pools, and hot tubs for 24 hours.
- Use a cold compress for mild soreness or bruising.
- Avoid heavy lifting with the infused arm for 2–4 hours.

Seek Emergency Care or Call 911 If You Experience:

- Chest pain
- Severe shortness of breath
- Facial or throat swelling
- Severe dizziness or fainting
- Trouble speaking or sudden weakness
- Widespread hives with breathing symptoms

Hydration & Activity

- Return to your normal diet and fluids unless otherwise instructed.
- Light activity is generally fine.
- If you feel dizzy, sit or lie down and rest.

Possible Side Effects

Possible side effects may include:

- Bruising
- Mild soreness at injection site
- Temporary cooling sensation
- Rare dizziness
- If you experience unusual symptoms after treatment, contact your healthcare provider.

IMPORTANT MEDICAL DISCLAIMER

- IV therapy services are not intended to diagnose, treat, cure, or prevent any disease.
- All services are provided under medical oversight. Individual results may vary. Treatments may not be appropriate for everyone.
- Please consult your healthcare provider regarding medical concerns.



BOOK YOUR APPOINTMENT

 (678) 228-0052

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 www.dripandgomobile.com

THANK YOU FOR CHOOSING DRIP & GO MOBILE IV HYDRATION!

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